

# PSHCE @ Greetland



At the Greetland Academy our responsive PSHCE is at the centre of our school curriculum. It provides opportunities to teach concepts, knowledge, language, strategies, and skills that enrich the wider curriculum. Here, we are preparing our pupils to be able to flourish and thrive with the opportunities, responsibilities and experiences of life in modern day Britain.

We ensure that our curriculum fosters gender equality and LGBT+ equality by ensuring that equality of an inclusive and diverse curriculum. External visitors are used within our PSHCE programme. They are carefully selected to enrich learning, provide expert input and act as role models throughout our PSHCE provision. Our adaptive and inclusive curriculum meets the needs of all our pupils, including those with special education needs and disabilities (SEND) by adapting the learning to suit children of all abilities.

The units of learnings aim to teach children:

- The value of different family structures
- How to develop safe and respectful friendships
- Promotion of good health and carrying out first aid
- How to operate safely in a digital world
- How to maintain positive relationships
- How to understand how our bodies will change as we get older
- How to make independent choices and good decisions

Our PSHCE curriculum allows teachers to deliver the subject in different ways. This could be through drama and role play, mind mapping ideas, group discussions and debate, role on the wall and exploring case studies based on real events.

## Teaching British Values

### Key Stage 1

Children will begin to learn about what democracy entails and explore making decisions as a class together. The rule of law, individual liberty, mutual respect and tolerance for others are all present in the units of learning throughout the PSHCE curriculum at Key Stage 1.

### Key Stage 2

Children will begin to think about their own role as a citizen of Britain and how they will contribute to democracy. They will explore discrimination related to faiths and beliefs and understand that every individual is protected

under the rule of law, and how this is crucial for wellbeing. Pupils will look at the separation of power between the executive and judiciary and explore the role of public bodies such as the police, army and court.

We will endeavour for our children to leave school well equipped for the emotional challenges they may face by providing them with the building blocks needed for positive and safe relationships, including with family, friends and online. In this way, we will ensure that we help to nurture confident, independent and resilient individuals.

Our Health Education and Relationships Education (including Relationships and Sex Education) strands are taught with resources from the PSHE Association. We believe it is important that children receive content, covering friendships and how to stay safe, in an age-appropriate way. The Relationships Education to RSE is statutory, however, parents have a right to request that their child is withdrawn from Sex Education content. The aim of the content at The Greetland Academy is designed to equip our pupils with knowledge and make informed decisions about their wellbeing, health and relationships as well as preparing them for a successful adult life. The world today looks very different for young people than the way it did twenty years ago when the curriculum was last updated – these changes bring the content into the 21st century.

### **Relationships Education**

Relationships Education will put in place the building blocks needed for positive and safe relationships, including with family, friends and online. Pupils are taught what a relationship is, what friendship is, what family means and who can support them. In an age-appropriate way, we will cover how to treat each other with kindness, consideration and respect.

### **Health Education**

Health education aims to give your child the information they need to make good decisions about their own health and wellbeing, to recognise issues in themselves and others, and to seek support as early as possible when issues arise.

By the end of primary school, your child will have been taught content on:

- Mental wellbeing
- Internet safety and harms
- Physical health and fitness
- Healthy eating
- Facts and risks associated with drugs, alcohol and tobacco
- Health and prevention
- Basic first aid
- Changing adolescent body.

### **Sex Education and PSHCE (Primary)**

We believe that pupils should be given the opportunity to access a curriculum which prepares them for the changes that adolescence brings. We are choosing to provide our pupils with a sensitive, age appropriate curriculum supported by our School Nursing Team which includes the components of Sex Education.

#### **Our aims:**

- To prepare pupils for the changes that occur to their bodies, minds and emotions as a consequence of growth from childhood to adulthood.
- To help support young people through spiritual, physical, emotional and moral development.
- To work in partnership with parents, families and the wider community to promote positive relationships and provide effective support for young people.

For more information on Relationships and Sex Education, you may wish to visit the Department for Education website [here](#).

Further details about the Government's rationale and response can be found [here](#).