

P.E: Unit Focus Overview



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Rec		Basic Skills - Moving Bodies	Gymnastics	Dance	Ball Skills (Throwing & Catching)	Athletics (Sports Day Events)
Year 1	Locomotion (Jumping and Running)	Ball Skills (Hands 1 and Hands 2)	Gymnastics Dance	Ball Skills (Feet & Rackets, Bats and Balls)	Team Building	Games (Attack v Defence)
Year 2	Locomotion (Dodging and Jumping)	Ball Skills (Hands 1 and Hands 2)	Gymnastics Dance	Ball Skills (Feet & Rackets, Bats and Balls)	Team Building	Games (Attack v Defence)
Year 3	Net and Wall Games (Tennis)	OAA	Gymnastics Dance	Invasion Games	Striking and Fielding Games (Cricket and Rounders)	Athletics
Year 4	Net and Wall Games (Tennis)	OAA	Gymnastics Dance	Invasion Games	Striking and Fielding Games (Cricket and Rounders)	Athletics
Year 5	Net and Wall Games (Tennis and Badminton) Swimming	OAA Swimming	Gymnastics Swimming	Invasion Games Swimming	Striking and Fielding Games (Cricket and Rounders) Swimming	Athletics Swimming
Year 6	Net and Wall Games (Tennis and Badminton)	OAA	Gymnastics Dance	Invasion Games	Striking and Fielding Games (Cricket and Rounders)	Athletics