

# PE Showcase



## Health Week



Each year, we celebrate the importance of a healthy mind and a healthy body. As part of this, we hold an annual Health Week. Throughout this week, we introduce the children to a range of new sports, give them the opportunity to meet role models, organise healthy cooking sessions, look at balanced diets and invite lots of visitors into school. We also encourage healthy travel and promote links with our parents and local community .



An inspiring assembly with Kruiise Leeming - a rugby superstar!



# PE Showcase



## KS2 Gymnastics and Dance



Each year, we enter a team of Year 5 and 6 children into the “Everybody Dance Now” competition at The Victoria Theatre. An experienced coach comes into school and choreographs a routine for the children to perform.





# PE Showcase



## KS2 Boys Gymnastics



Each year, we take part in a large number of gymnastics competitions. We have been lucky enough to have children represent Britain at the British Finals.

We ensure that we take experiences gymnasts, as well as children who are new to the sport.



# PE Showcase



## KS2 Gymnastics



## Year 3 Gymnastics



## Year 6 Gymnastics





# PE Showcase



## Year 5 & 6 Football



Annually, we enter every football league on offer to us. We take teams of boys and girls from years 3 to 6 to take part in competitive sports. We have recently won the "Adam Heslop Cup" with both our boys and girls teams.





# PE Showcase



## KS2 Sports Council



Each year, we choose a new sports council to represent and promote children's voices. They meet termly to discuss ways to improve sporting opportunities at the school. They often represent the school at sporting events/workshops.

## Staff CPD





# PE Showcase



## Reception Continuous Provision





# PE Showcase



## Reception P.E



Throughout the year children in Reception have formal PE lessons to work on their gross motor skills leading to achieving the following Early Learning Goals;

- Negotiate space and obstacles safely, with consideration for themselves and others.
- Demonstrate strength, balance and coordination when playing.
- Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.





# PE Showcase



## Year 1: Locomotion



In Year 1, the children develop their understanding of PE. They develop agility, balance and coordination, through simple games, dances, movements and activities. They begin to understand rules and working cooperatively.

## Year 1: Ball Skills





# PE Showcase

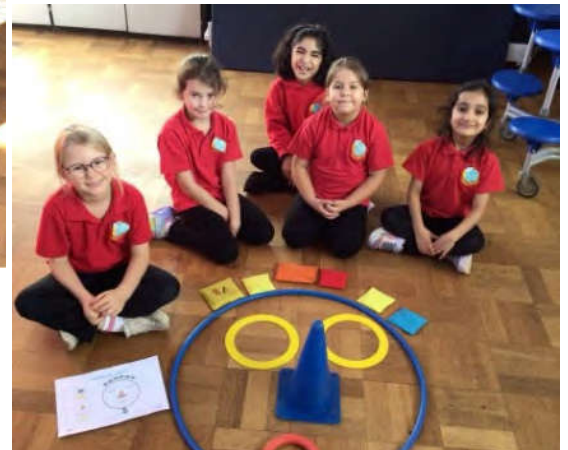


## Year 2: Locomotion



In Year 2, children build confidence in throwing, catching and controlling equipment. They start creating short sequences in dance and gymnastics and learn how exercise keeps them healthy.

## Year 2: Teamwork





# PE Showcase



## Year 3: Athletics



In Year 3, children apply basic skills in team games, using simple tactics. They improve balance, flexibility and control through gymnastics and athletics.

## Year 3: Invasion Games



## Year 4: Net and Wall Games





# PE Showcase



## Year 4: Striking & Fielding



## Year 4: Athletics



## Year 4: Invasion Games



In Year 4, children refine skills in different sports and develop strength and coordination. They perform more complex movements in dance and sequence movements in gymnastics/dance.



# PE Showcase



## Year 5: Athletics



## Year 5: Striking & Fielding



## Year 5: Invasion Games



In Year 5, children use a range of skills in competitive games, focusing on teamwork and strategy. They also begin to swim and learn about water safety.

## Year 5: Problem Solving

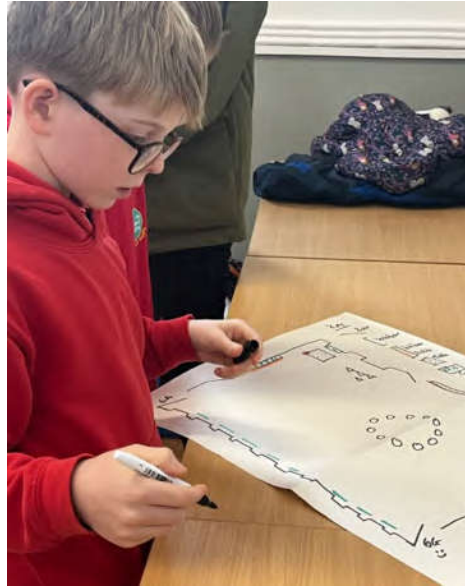




# PE Showcase



## Year 6: Outdoor & Adventure



## Year 6: Athletics



## Year 6: Dance



In Year 6, children refine and combine skills across sports and activities. They apply tactics effectively, take on leadership roles and work towards personal bests in fitness and performance.

## Year 6: Net & Wall

